



## Anti-Doping Requirements for 2010

### A. Drug Testing and Whereabouts

1. All members of Powerlifting Australia Ltd are subject to the Powerlifting Australia Ltd Doping Policy, which includes in and out of competition testing by the Australian Sports Anti-Doping Authority (ASADA).
2. Some lifters will be in the Registered Testing Program (RTP) or Domestic Testing Program (DTP) run by ASADA. ASADA will contact those lifters directly to advise of the reporting process, which may include provision of whereabouts information.
3. All PA Members must keep their contact details up to date with Powerlifting Australia Ltd. Send changes by e-mail to [membership@powerliftingaustralia.com](mailto:membership@powerliftingaustralia.com) or mail to Powerlifting Australia Ltd, P.O. Box 388, St Kilda VIC 3182.

### B. Taking Medications - Therapeutic Use Exemption (TUE)

1. If an athlete suffers a medical condition that a doctor can only treat with a prohibited substance, he or she must apply for a TUE by submitting a TUE Form to ASDMAC.
2. If granted, a Therapeutic Use Exemption (TUE) provides an athlete with permission to use, for therapeutic purposes, a substance or method that would otherwise be prohibited. The TUE process has changed somewhat for 2010 and athletes should check directly with ASADA and ASDMAC as to the requirements in their circumstances. The ASADA information line is 1300 027 232 or look at "Check Your Substances" on the ASADA website
3. The Prohibited List specifies substances and methods prohibited in and out-of-competition. It is revised annually by World Anti Doping Agency (WADA). The 2010 List becomes effective on 1 January 2010. It is available to view on the WADA website at <http://www.wada-ama.org>

Any questions? Contact

[www.asada.gov.au](http://www.asada.gov.au)

[www.powerliftingaustralia.com](http://www.powerliftingaustralia.com)

[www.asdmac.gov.au](http://www.asdmac.gov.au)