



POWERLIFTING AUSTRALIA LTD
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MEDIA RELEASE

CARELESS SUPPLEMENT USE CAUSES POSITIVE DOPING TESTS

Powerlifting Australia has this month imposed three months suspensions on athletes Scott Hill and Odell Manuel, following notification from the Australian Sports Anti-Doping Authority (ASADA) that both have returned positive tests for the stimulant methyhexanamine.

Those tests were conducted at the Australian Powerlifting Championships in July. Both Mr Hill and Mr Manuel have sat out from competition since that time and they have each effectively lost 8 months out of their sporting careers.

ASADA was provided with evidence from both athletes that established that the presence of the stimulant was due to the use of supplements. These cases are yet another reminder to athletes of the risks in using commercially available supplements. Athletes need to be extra cautious when dealing with these substances.

Athletes from all sports should be aware of the dangers of using supplements the bona fides of which cannot be undisputedly established. Many sports products, especially those manufactured outside Australia, are contaminated by or deliberately laced with prohibited substances. If an athlete chooses to use any supplement, the greatest of care must be taken to check its source and purity.

The principle of strict liability that applies in drug testing means that the athlete has ultimate responsibility for what enters their system. For competitors in legitimate sports it is a case of buyer beware when it comes to supplements.

Robert Wilks
CEO Powerlifting Australia

About Powerlifting Australia

Powerlifting Australia Ltd is the governing of the sport of Powerlifting in Australia. Powerlifting is the sport of strength, involving competition on the Squat, Bench Press and Deadlift, amongst Men and Women in different age and bodyweight classes. Powerlifting Australia works with the Australian Sports Commission and the Australian Sports Anti-Doping Authority in ensuring fair competition in Powerlifting.

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